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Oral and Parenteral (Intravenous, Intramuscular) Conscious Sedation Post-Op Instructions

In general, the postoperative instructions after an oral and/or parenteral (IV, IM) conscious sedation procedure includes the following:

1. Have a companion to drive you home after the appointment and rest for the remainder of the day.
2. Have an adult to stay with you for the next 24 hours until the effects of the sedation have worn off.
3. Don't perform any hazardous activities. Do not drive or operate heavy machinery for 24 hours.
4. Do not take over responsible tasks or make important decisions for at least 24 hours until you are fully mentally alert.
5. Do not eat a heavy meal immediately after the sedation. If you're hungry, have only a light meal.
6. If you experience nausea, lie down and rest for a while. If the symptoms are intense contact your dentist.
7. Do not smoke or drink alcohol following the administration of the sedation.
8. Take any medication prescribed by the dentist. Do not take any other medications for the rest of the day unless they have been discussed and approved by your sedation dentist or medical doctor.
9. If you have any unusual symptoms or feel discomfort, call your dentist. If unable to contact your sedation provider, call the closest hospital emergency room.