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Oral and Parenteral (Intravenous, Intramuscular) Conscious Sedation Pre-Op Instructions

1. Wear loose, comfortable clothing with short sleeves to permit easy access to the arms for monitoring (IV insertion, blood pressure cuff, and ECG pads).
2. Remove nail polish and/or have acrylic nails removed to avoid interference with monitors (blood oxygen concentration).
3. Tell the doctor of any changes in your health that may have occurred since your consult appointment before taking any pre-op medication (pre-op sedative and/or antibiotics).
4. Do not consume alcoholic beverages the evening before the appointment or for 48 hours after the appointment as alcohol can intensify the sedative's effects.
5. Expect some "relaxation" to begin 45-60 minutes after taking the oral medication. Do not expect the medication to put you to sleep. Take only as many tablets as instructed. If additional tablets were prescribed, bring them with you to the dental office. For children, the medication will be dispensed at the office.
6. Do not eat 6 hours prior to taking the medication. You may drink up to 6 ounces of water.
7. All sedation patients must be accompanied to and from the office by a responsible adult. If the procedure is short (1 hour), the responsible adult shall remain in the office. For sedation of children and/or dependent minors or the mentally impaired, the parent or guardian shall remain in the office for the entire procedure to assist in any unanticipated decision making. Patients may not permit strangers (such as taxi-drivers) to drive or assist them while under sedation.
8. You will need assistance by a responsible adult with walking and using the restroom.
9. You should have a responsible adult stay with you for at least 12 hours following the appointment.